

WAYNE STATE UNIVERSITY
Professional Record

NAME: Ramona A. Benkert, PhD, ANP-BC, FAANP DATE PREPARED: April 17, 1988
DATE REVISED: Nov. 14, 2020

OFFICE ADDRESS:
College of Nursing
5557 Cass Ave
201 Cohn
Detroit, MI 48202

OFFICE PHONE:
(313) 577-4138

DEPARTMENT/COLLEGE: College of Nursing
Present Rank & Date of Rank: Professor August 2020


CITIZEN OF: United States of America

EDUCATION:

Baccalaureate:
1981 Mercy College of Detroit (BSN),
Detroit, MI
Magna cum laude.
Major: Nursing Minor: Psychology

Graduate:
1987 Wayne State University (MSN),
Detroit, MI
Summa cum laude
Major: Primary Care of the Adult; Minor: Gerontology

2002 University of Michigan (PhD)
Ann Arbor, MI
Summa cum laude
Major: Nursing; Cognate: Sociology

Signature: _____  _____ Date: November 14, 2020 _____

EDUCATION (cont'd)

Postgraduate:

1991	Graduate Specialist in Gerontology Wayne State University, Detroit, MI	
1995	Nurse Practitioner Faculty Teaching Certificate University of Pennsylvania, Philadelphia, PA	
Licensure:	State of Michigan	Registered Nurse, # 4704135899
Certification:	American Nurses Association	Adult Nurse Practitioner 2018 - 2023

FACULTY APPOINTMENTS AT OTHER INSTITUTIONS (Years and Rank):

PROFESSIONAL SOCIETY MEMBERSHIP(S):

1981 - present	American Nurses Association
2000 - present	Midwest Nursing Research Society
1998 - present	National Organization of Nurse Practitioner Faculties
2000 - present	Michigan Council of Nurse Practitioners
1987 - present	Sigma Theta Tau, International Honor Society of Nursing
2000 - present	American Association of Nurse Practitioners

HONORS/AWARDS:

2015	<i>Service Award:</i> Michigan Area Health Education Center
2013	<i>Inducted as a Fellow</i> into the American Association of Nurse Practitioners (FAANP).

BIOGRAPHICAL CITATIONS (National/Regional or Professional Directories):

I. TEACHING

- A. Years at Wayne State: 1987-present
- B. Years at Other Colleges/Universities:
2000 - 2002 University of Michigan
Graduate Student Teaching Instructor,

II. RESEARCH

A. Research in Progress/Submitted, Pending Review

B. Funded Research

C. Training Grants Funded

- 2020-2021 **Benkert, R.** (PI). *Nurse Education practice Quality Retention Registered Nurse in Primary Care COVID.*
Gibson-Scipio, W., Tsilimingras, D., Mendez, J., Levine, D. Aberle, B., Balint, K. (Co-Is).
Funded by Health Resources and Services Administration.
Award Amount: \$78,571
- 2020-2021 **Markova, T & Benkert, R.** (Co-PIs). *Area Health Education Centers Program COVID.*
Gibson-Scipio, W., Tsilimingras, D., Mendez, J., Levine, D. Aberle, B., Balint, K. (Co-Is).
Funded by Health Resources and Services Administration.
Award Amount: \$95,455
- 2020-2023 McNeil, C. (PI), *Addressing St.I.G.M.A (Strategic Integration to Grow Mental Health Access)*
Stephens, U., Kuentzel, J., & **Benkert, R.**, (Co-Is).
Funded by Health Resources and Services Administration.
Award Amount: \$1,489,091
- 2019-2023 Nantais-Smith, L. (PI), *Expanding clinical immersion program site education in the D.*
George, N., LeRoy, S. Murn, N., & **Benkert, R.**, (Co-Is).
Funded by Health Resources and Services Administration.
Award Amount: \$2,635,852
- 2018-2022 **Benkert, R.** (PI). *Primary care community health immersion in Detroit.*
Aberle, B. (Co-I).
Funded by Health Resources and Services Administration.
Award Amount: \$2,026,731
- 2017-2020 **Benkert, R.** (Co-I). *Wayne State University: Garrett Lee Smith suicide prevention initiative*
Kuentzel, J. (PI)
Funded by Substance Abuse and Mental Health Services Administration
Award Amount: \$317,122
- 2017–2022 **Benkert, R.** (Co-PI). *Michigan Area Health Education Center*

Markova, T. (Co-PI)
 Gibson-Scipio, W. (Co-I) & Tsilimingras, D. (Co-I)
 Funded by Health Resources and Services Administration
 Award Amount \$4,361,241

- 2015-2018 **Benkert, R.** (Co-I). *2016 University autism program*.
 Clancy, K. (PI).
 Funded by Michigan Department of Health and Human Services: Mental
 Health Division.
 Award Amount \$867,434
- 2012-2017 **Benkert, R.** (Co-PI, 2013 to present). *Michigan Great Lakes Area Health
 Education Center*
 Markova, T. (Co-PI 2015 to present).
 Parisi, V. & Redman, B. (Co-PIs, 2012-2013).
 Funded by Health Resources and Services Administration.
 Award Amount: \$5,360,345

D. Fellowships/Grants/Special Awards

III. PUBLICATIONS

A. Scholarly Books Published

B. Chapters Published

1. Authored

2. Co-Authored

4. **Benkert, R.** (2016). The effect of cross-cultural provider-patient dyadic relationships on health outcomes. In S. Ketefian (ed.) *Shaping nursing science and improving health: The Michigan legacy*. Michigan Publishing Services: Ann Arbor, MI.
3. **Benkert, R.**, Westdorp, A., & White, M. (2006). Coding and billing for the advanced practice nurse. In Nagelkerk, J. (ed.) *Starting your practice: A survival guide for nurse practitioners*. (pp. 139-168). Elsevier: St. Louis.
2. White, M. & **Benkert, R.** (2006). Documentation for the advanced practice nurse. In Nagelkerk, J. (ed.) *Starting your practice: A survival guide for nurse practitioners*. (pp. 169-190). Elsevier: St. Louis.
1. **Benkert, R.**, Hillman, C., & Natale, P. (1995). Independent Practice. In M. Snyder & M. P. Mirr, *Advanced Practice Nursing: A guide to professional development*. Springer Publishing Co.: New York, NY.

C. Editorships of Books/Proceedings/Journals

1. Urban Serving Universities Health Action Groups (Bankston, K, et al., including, **Benkert, R.**). (September 2013). *An Action Plan for Transforming the Future Health Workforce*. Urban Universities for Health: Washington, DC.

D. Journal Articles Published

Refereed Journals: (^d indicates databased publication; *indicates student)

44. Attaallah, S^{*}., Peters, R. M., **Benkert, R.**, Yarandi, H., Oliver-McNeil, S. & Hopp, F. (In press). Testing a Middle-Range Theory of Health Failure Self-Care. *Nursing Science Quarterly*.
43. Caparso, C^{*}., Appel, J., & **Benkert, R.** (In press). Dying concerns in parents with advanced cancer (PWAC): A scoping review. *Palliative and Supportive Care Journal*.
42. Attaallah, S^{*}., Peters, R. M., Benkert, R., Yarandi, H., Oliver-McNeil, S. & Hopp, F. (In press). Developing a Middle-Range Theory of Health Failure Self-Care. *Nursing Science Quarterly*.
41. Oliver-McNeil, S., **Benkert, R.**, & Lauzon-Clabo, L. (2020). Enhancement of Bachelor of Science Nursing Program for Military Veterans through an Academic Practice Partnership. *Journal of Professional Nursing*, 36, 212-217. <https://doi.org/10.1016/j.profnurs.2019.12.005>
- 40^d **Benkert, R.**, Peters, R., & Templin, R. (2019). Sociodemographics and medical mistrust in a population based sample of Michigan residents. *International Journal of Nursing and Health Care Research*. 6:092. <https://doi.org/10.29011/IJNHR-092.1000092>
- 39 **Benkert, R.**, Cuevas, A., Thompson, H., Dove-Medows, E.^{*}, & Knuckles, D.^{*} (2019). Ubiquitous yet unclear: A systematic review of medical mistrust. *Behavioral Medicine*, 45:2. <https://doi.org/10.1080/08964289.2019.1588220> .
- 38^d Tsilimingras, D., Gibson-Scipio, W., **Benkert, R.**, Hudson, L., Liu, X., Zhang, L., Reed, T. & Markova, T. (2018). An evaluation of the Michigan State Loan Repayment Program, *Journal of Family Medicine and Community Health*, 5(5), 1161-1165.
- 37^d Alhasanat- Khalil, D.^{*}, Giurgescu, C., **Benkert, R.**, Fry-McComish, J., Misra, D., and Yarandi, H. (2018). Acculturation and postpartum depression among immigrant women of Arabic descent. *Journal of Immigrant and Minority Health*, pp. 1-9. <https://doi.org/10.1007/s10903-018-0837-z>
- 36^d. Tsilimingras, D., Gibson-Scipio, W., Clancy, K., Hudson, L., Liu, X., Mendez, J. & **Benkert, R.** (2018). Interprofessional education during an autism session. *Journal of Communication Disorders*, 76, 71-78. <https://doi.org/10.1016/j.jcomdis.2018.09.002>

- 35^d. Nagelkerk, J., **Benkert, R.**, Pawl, B. Myers, A., Moore, H., Armstrong, M., Murray, D., Baer, L., Rayford, A., Berlin, S., Fenbert, K., Boone, P. D., Masselink, S., & Jakstys, C.. (2018). Test of an interprofessional collaborative practice model to improve obesity-related health outcomes in michigan. *Journal of Interprofessional Education & Practice*, 11, 43-50.
<https://doi.org/10.1016/j.xjep.2018.02.001>
- 34^d Alhasanat- Khalil, D.*, Fry-McComish, J., Dayton, C., **Benkert, R.**, Yarandi, H., & Giurgescu, C. (2018). Acculturative stress and lack of social support predict postpartum depression among U.S. immigrant women of Arabic descent. *Archives of Psychiatric Nursing*, 32(4), 530-535.
<https://doi.org/10.1016/j.apnu.2018.02.005>
- 33 **Benkert, R.** & Clifton, A. (2018). Understanding tuberculosis in an era of global travel: A case report. *Nurse Practitioner*, 43, 47-54.
<http://doi.10.1097/01.NPR.0000529664.31694.a4>
- 32^d. Chae, D., Kang, K., **Benkert, R.** & Doorenbos, A. (2017). Evaluation of the psychometric properties of the Korean version of the cultural competence assessment. *Japan Journal of Nursing Science*, 6, 1-11.
<http://doi:10.1111/jjns.12169>
- 31^d Falahee, M. L.*, **Benkert, R.**, George, N., Hartlieb-Brogan, K., and Cederna, J., (2016). Motivational interviewing to increase physical activity in underserved women. *The Journal for Nurse Practitioners*, 12, 704-709.
<http://doi:10.1016/j.nurpra.2016.11.002>
- 30^d Schade, E.B.*, Oliver-McNeil, S., **Benkert, R.**, & George, N. (2015). A quality improvement project to educate nurse on coude catheter placement. *Urologic Nursing*, 35(4), 187-190, 203.
<http://doi:10.7257/1053-816X.2015.35.4.187>
- 29^d **Benkert, R.** Dennehy, P, White, J, Hamilton, A, Tanner, C, & Pohl, J. (2014). Diabetes and hypertension quality measurement in four safety-net sites: Lessons learned after implementation of the same commercial electronic health record. *Applied Clinical Informatics*, 5, 757-772.
<http://dx.doi.org/10.4338/ACI-2014-03-RA-0019>
- 28^d Peters, R., **Benkert, R.** & Templin, T. & Cassidy-Bushrow, A, (2014). Measuring African American's trust in provider during pregnancy. *Research in Nursing and Health*, 37, 144-154. <https://doi.org/10.1002/nur.21581>
- 27^d Pohl, J., Tanner, C., Pillon, B. & **Benkert, R.** (2011). Comparison of nurse managed health centers with federally qualified health centers as safety net providers. *Policy, Politics & Nursing Practice*, 12, 90-99.
<https://doi.org/10.1177/1527154411417882>
- 26^d **Benkert, R.**, Templin, T., Schim, S., Doorenbos, A. & Bell, S. E. (2011). Testing a multi-group model of cultural competence behaviors among underrepresented

Nurse Practitioners. *Research in Nursing and Health*, 34, 327-341.
<https://doi.org/10.1002/nur.20441>

- 25^d **Benkert, R.**, Hollie, B.*, Nordstrom, C. K., Wickson, B., & Binns-Emerick, L.* (2009). Trust, mistrust, racial identity and patient satisfaction in urban African American primary care patients of nurse practitioners. *Journal of Nursing Scholarship*, 41, 211-219. <https://doi.org/10.1111/j.1547-5069.2009.01273.x>
- 24^d. **Benkert, R.**, Resnick, B., Brackley, M., Simpson, T., Fair, B., Esch, T., & Field, K. (2009). Tuberculosis education for nurse practitioner students in the U.S.: Where we are and where we need to go. *Journal of Nursing Education*, 48, 255-265. <https://doi.org/10.3928/01484834-20090416-04>
- 23 **Benkert, R.**, Fields, K., Fair, B., Brackley, M., Simpson, T., Esch, T., & Resnick, B. (2009, March 2). Tuberculosis: Not forgetting an old disease. *Advance for Nurse Practitioners*, Online CE Offerings, 301. Retrieved March 2, 2009, from <https://nursing.advanceweb.com/CE/TestCenter/Course.aspx?CourseID=730&CreditID=1>.
- 22^d. Sizer, W.*, **Benkert, R.**, Nordstrom, C. & Blanding, S. (2008). The effect of trust and racial concordance on patient satisfaction with NP-delivered care. *Women's Health Care*, 7, 26-33.
- 21^d. **Benkert, R.**, Peters, R. M., Tate, N.* & Dinardo, E. (2008). Low income African American's trust of nurse practitioners and physicians. *Journal of the American Academy of Nurse Practitioners*, 20, 273-280. <https://doi.org/10.1111/j.1745-7599.2008.00317.x>
- 20^d. Pohl, J. M., Barkauskas, V.H., **Benkert, R.**, Breer, L., & Bostrum, A. (2007). Impact of academic nurse managed centers on communities served. *Journal of the American Academy of Nurse Practitioners*, 19, 268-275. <https://doi.org/10.1111/j.1745-7599.2007.00224.x>
- 19^d. **Benkert, R.**, George, N., Tanner, C., Barkauskas, V. H., Pohl, J. M., & Marsalek, A. (2007). Satisfaction with a school-based teen health center: A report card on care. *Pediatric Nursing*, 33, 103-110. (CEU offering)
18. Schim, S. M., Doorenbos, A. Z., **Benkert, R.**, & Miller, J. (2007). Culturally congruent care: Putting the puzzle together. *Journal of Transcultural Nursing*, 18, 103-110. <https://doi.org/10.1177/1043659606298613>
- 17^d. Peters, **Benkert, R.**, & Dinardo, E.* (2007). Assessing quality of care for African Americans with hypertension. *Journal of Healthcare Quality*, 29, 10-20. (CEU offering) <https://doi.org/10.1111/j.1945-1474.2007.tb00188.x>
- 16^d. Peters, R., **Benkert, R.**, Butler, K.*, & Brunelle, N.* (2007). Concordance with JNC7 guidelines and blood pressure outcomes in African Americans. *Journal of Clinical Outcomes Management*, 14, 32-40

15. Schim, S., **Benkert, R.**, Bell, S. E., Walker, D., & Danford, C. (2006). Social justice: Added metaparadigm concept for urban health nursing. *Public Health Nursing*, 24, 73-80. <https://doi.org/10.1111/j.1525-1446.2006.00610.x>
- 14^d. Barkauskas, V.H., Schafer, P., Sebastian, J. G., Pohl, J. M., **Benkert, R.**, Nagelkirk, J., Stanhope, M., Vonderheid, S. C., & Tanner, C. (2006). Clients served and services provided by academic nurse-managed centers. *Journal of Professional Nursing*, 22, 331-338. <https://doi.org/10.1016/j.profnurs.2006.10.001>
13. Fair, B., Esch, T., Simpson, T., Fields, K., **Benkert, R.**, Brackley, M., & Resnick, B. (2006). Educational competencies to strengthen tuberculosis curricula in undergraduate nursing programs. *International Journal of Nursing Education Scholarship*, 3 (1) Article 23. <https://doi.org/10.2202/1548-923X.1243>
- 12^d. Clark, R., **Benkert, R.**, & Flack, J. M. (2006). Large arterial elasticity varies as a function of gender and racism-related vigilance in black youth. *Journal of Adolescent Health*, 39, 562-569. <https://doi.org/10.1016/j.jadohealth.2006.02.012>
- 11^d. **Benkert, R.**, Peters, R., Clark, R., & Keves-Foster, K. (2006). Effects of perceived racism, cultural mistrust, and trust in providers on satisfaction with care. *Journal of the National Medical Association*, 98, 1532-1540.
- 10^d. Clark, R., **Benkert, R.**, & Flack, J. M. (2006). Violence exposure and optimism predict task-induced changes in blood pressure and pulse rate in a normotensive sample of inner-city Black youth. *Psychosomatic Medicine*, 68, 73-9. <https://doi:10.1097/01.psy.0000195744.13608.11>
- 9^d. **Benkert, R.** & Peters, R. (2005). African American women's coping with healthcare prejudice. *Western Journal of Nursing Research*, 27, 863-889. <https://doi.org/10.1177/0193945905278588>
- 8^d. Doorenbos, A. Z. Schim, S. M., **Benkert, R.**, & Borse, N. N. (2005). Psychometric evaluation of the cultural competence assessment instrument among health care providers. *Nursing Research*, 54, 324-331. <https://doi.org/10.1097/00006199-200509000-00006>
- 7^d. **Benkert, R.**, Tanner, C., Guthrie, B., Oakley, D., & Pohl, J. (2005). Cultural competence in nurse practitioner students: A consortium's experience. *Journal of Nursing Education*. 44, 225-233.
- 6^d. Barkauskas, V. H., Pohl, J., **Benkert, R.**, & Wells, M. (2005). Measuring quality in nurse-managed centers using HEDIS measures. *Journal of Healthcare Quality*, 27, 1, 4-14. (CEU offering) <https://doi.org/10.1111/j.1945-1474.2005.tb00540.x>

- 5^d. **Benkert, R.**, Pohl, J. & Coleman-Burns, P. (2004). Creating cross-racial nurse practitioner-patient relationships in a nurse-managed center. *Journal of Cultural Diversity*, 11, 88-99.
- 4^d. Barkauskas, V. H., Pohl, J., Breer, L., Tanner, C., Bostrom, A., **Benkert, R.**, & Vonderheid, S. (2004). Academic nurse-managed centers (ANMCs): approaches to evaluation. *Outcomes Management in Nursing Practice*, 8, 57-66.
- 3^d. Schim, S.M., Doorenbos, A.Z., & **Benkert, R.** (2003). Development of a cultural competence assessment instrument. *Journal of Nursing Measurement*, 11, 1-12.
- 2^d. **Benkert, R.**, Barkauskas, V. Pohl, J., Corser, W., Tanner, C., Wells, M., & Nagelkerk, J. (2002). Patient satisfaction outcomes in nurse managed centers. *Outcomes Management in Nursing Practice*, 6, 174-181.
- 1^d. **Benkert, R.**, Buchholz, S. & Poole, M. (2001). Hypertension outcomes in an urban nurse-managed center, *Journal of the American Academy of Nurse Practitioners*, 13, 84-89. <https://doi-org.proxy.lib.wayne.edu/10.1111/j.1745-7599.2001.tb00223.x>

2. Non-Refereed Journals:

5. **Benkert, R.** (Winter, 2012). Evidence-base for advanced practice registered nurse outcomes. *Practice Management*, 3 (4), 1-7.
4. Sullivan-Smith, A. & **Benkert, R.** (1997). The primary care nursing center at Detroit Receiving Hospital and Wayne State University Health Center. *Prism: NLN Research and Policy*, 4 (4), 2, 8.
- 3^d. **Benkert, R.**, Benedict, M.*, Klein, Z.*, Longworth, J., Pohl, J., Ross, L.*, & Witecha, K.* (1997). *A report of Michigan Board of Nursing certified nurse practitioners*. Michigan Nurses Association: Okemos, MI.
2. **Benkert, R.** (1995). Defining nursing's role in workplace redesign. *Michigan Nurse*, 68 (7), 3.
1. **Benkert, R.** (1989). Assessing and promoting health maintenance in older adults. *The Older Patient*, 3, (3), 27-29.

D. Papers Published in Conference Proceedings

1. Invited and/or Refereed International

- June 2016 Ahmed, F., O'Connor, S., Weech, R., Szychowski, J., & **Benkert, R.**
Evaluation of the productive efficiency of nurse practitioners in a nurse managed center
 Refereed-Accepted as paper presentation

European Academy of Management
Paris France

2. Invited and/or Refereed National

- April 2016 Cuevas, A., Valera, P., Lopez-Cevallos, D., **Benkert, R.**
Mistrust and health inequities: an emergent issue: Symposium
Invited-Expert moderator
37th Annual Meeting and Scientific Sessions of the Society of
Behavioral Medicine
Washington, DC
- April 2015 Nagelkerk, J., **Benkert, R.**, Pawl, B., Myers, A., Clifton, A.,
Fenbert, K., & Berlin, S.
*Testing an interprofessional collaborative practice model to
improve obesity related health outcomes with a statewide
consortium*
Refereed – Accepted as a poster presentation
National Academies of Practice
Alexandria, VA

3. Invited and/or Refereed Regional

4. Invited and/or Refereed Local/State

- April 2019 **Benkert, R.**, Cuevas, A., Thompson, H., Dove-Medows, E., &
Knuckles, D. *Ubiquitous yet unclear: A systematic review of
medical mistrust*
Referred-Accepted poster presentation.
WSU College of Nursing, Research Day-2019
Detroit, MI
- April 2015 **Benkert, R.**, Nagelkerk, J., Pawl, B., Clifton, A., Moore, H.,
Jakstys, C. Myers, A. & Baer, L.
*Effects of interprofessional practice on obesity-related health
outcomes*
Refereed-Accepted as paper presentation
WSU College of Nursing, Research Day-2015
Detroit, MI

F. Invited Seminars or Lectures:

- Mar 2019 **Benkert, R.**
*Achieving health: Disparities, access and equity, complexities in
Michigan and beyond*

Invited lecture presentation
Bronson Hospital Nursing Research Conference
Kalamazoo, MI

IV.SERVICE

Committee Assignments:

A. Positions Held in Professional Association

- 1 (of 8). American Association of Nurse Practitioners, 2008-present
2014-2020 Research Committee member

B. Membership/offices Head in Public or Private Agencies Related to Discipline

C. Professional Consultation:

1. Public Presentations as an Expert in the Discipline:

3. Testimony before Public Bodies:

May 2015 Expert testimony for Michigan, HB 68. *Independent Prescribing for Advanced Practice Nurses*

G. Other Professionally Related Service

1. Joy-Southfield Community Development Corporation,
2004-2020 Health Care Advisory Board, co-chair:
Monthly meetings as member of the Health Care Advisory Board, helping the corporation to develop a clinic and other social determinants of health programs in the community.
2020-present Secretary to the Full Board
2. Faculty Practice as APN at community-based primary care sites in Detroit, MI
2018-present 4 hours/month, *Cabrini Clinic for uninsured and immigrant populations*
2010-2018 8 hours/ month, with participation in their continuous quality improvement plan, *Juanita Reeves Clinic for Uninsured*, Joy Southfield Community Development Corporation