

Beyond the Books: Creating an APRN Fellowship that Builds Upon Graduate Nursing Education

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BACKGROUND

Inadequate support often leads to burnout for new to practice NPs¹

In September 2022, Oak Street Health (OSH) a national value-based primary care network, launched an NP fellowship program that aims to build upon, rather than duplicate, graduate nursing education

Key differentiators of the program:

- Scalable multi-state operation
- Academic- practice partnership to support curriculum development
- Hybrid of asynchronous and synchronous learning modalities delivered across multiple time zones

Fellowships like ours facilitate effective transition to practice, promote provider retention, and ensure workforce sustainability.

OBJECTIVES

- Summarize the fellowship didactic curriculum development and role of the academic- practice partnership
- Articulate the process of delivering didactic units via asynchronous and live learning sessions
- Outline key indicators to measure the effectiveness of learning units

The fellowship team collaborates with the academic partner to create a robust curriculum that expands upon graduate nursing education

A standardized unit design template ensures uniformity across topics while allowing for creativity among collaborators.

Unit Information

- Module name
- Unit name
- Curricular threads
- Learning objectives
- Accreditation standards²
- Program objectives

Unit Format

- Unit intro
- Multimodal faculty developed content
 - Textual resources
 - Podcasts /videos
 - Recorded lectures
 - Interactive case studies

Application Activities

- Unfolding case studies
- Role playing
- Gamification of the content
- Guided discussion

The fellowship team leverages the instructional design team from our academic partner to develop case-based learning modules that puts the learner in the driver's seat.

These four cases contain important information on cancer screening, diagnosis, management and coding. Please take the time to thoroughly complete each case and remember to read the explanation for answers as this feedback contains a lot of the information.

Select a case to begin.

Case 01 Case 02 Case 03 Case 04

Annette is a 62 year old African American female presenting to clinic today for a problem visit. She has a history of CHF, COPD, MDD, multiple sclerosis and sickle cell trait. She takes Copaxone 40mg, Myrbetriq 50mg, Proair and Vitamin B12. She states that her mother was diagnosed with breast cancer in her late 50s. Due to the COVID-19 pandemic, she has not had a mammogram for 3 years. She is here today because she noticed a lump in her right breast a week ago. You are getting ready to conduct a breast exam. Which of the following is the most accurate description of the typical mass seen in new onset breast cancer?

- Soft, mobile mass with regular borders
- Soft, immovable mass with irregular borders
- Hard, immovable, single lesion with irregular borders
- Hard, mobile mass with regular borders

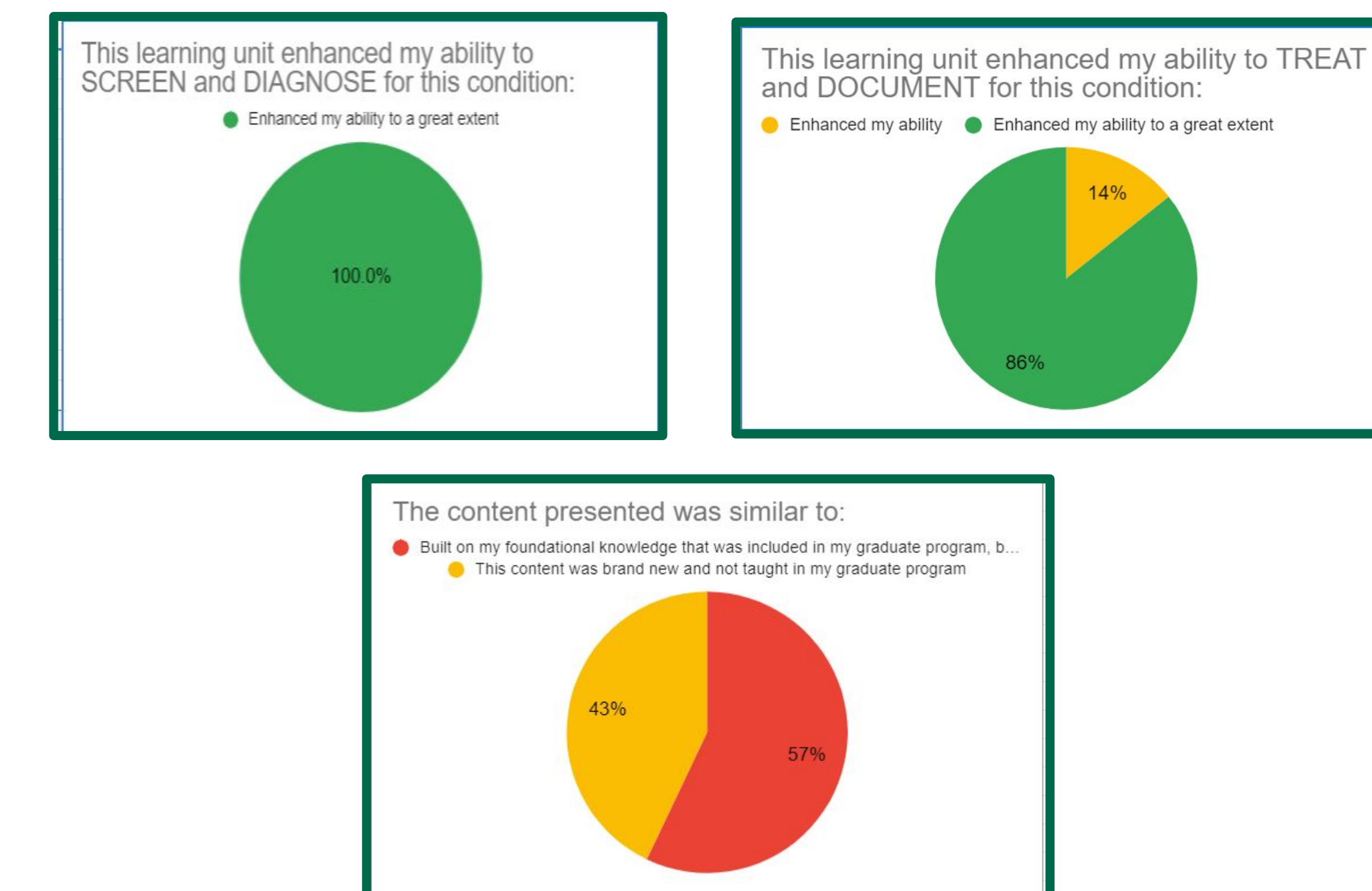
Submit

Each unit focuses on screening and diagnostic criteria, accurate coding, social determinants of health, and application of concepts highlighting our team based care model. Units are delivered in asynchronous self-directed learning format followed by a Live Learning Session (LLS) led by faculty , subject matter experts or NP faculty from our academic partner

RESULTS

Fellows complete a survey at the end of each unit to measure the effectiveness and applicability of the topic

Bone Mineral Disorder



"I love the portion on phosphorus control. We are not taught that enough. The charts on high phos vs low phos food is being downloaded and given to CKD patients. Thank you!"

CONCLUSION

As a result of the feedback , we adjusted the timing of the units for subsequent cohorts, transitioned to more case-based learning, and expanded the didactic curriculum as an offering to all providers within the organization

REFERENCES

¹Abraham CM, Zheng K, Norful AA, Ghaffari A, Liu J, Poghosyan L. Primary care Practice Environment and Burnout among Nurse Practitioners. J Nurse Pract. 2021 Feb;17(2):157-162. doi: 10.1016/j.nurpra.2020.11.009. Epub 2021 Jan 11. PMID: 33658908; PMCID: PMC7920210.
²Flinter, M. M., Bamrick, K. (2017). Training the Next Generation: Residency and Fellowship Programs for Nurse Practitioners in Community Health Centers. United States: Community Health Center, Incorporated.