



Financial Agreements from a Specialty and Primary Care Perspective

MEDICAL CENTER

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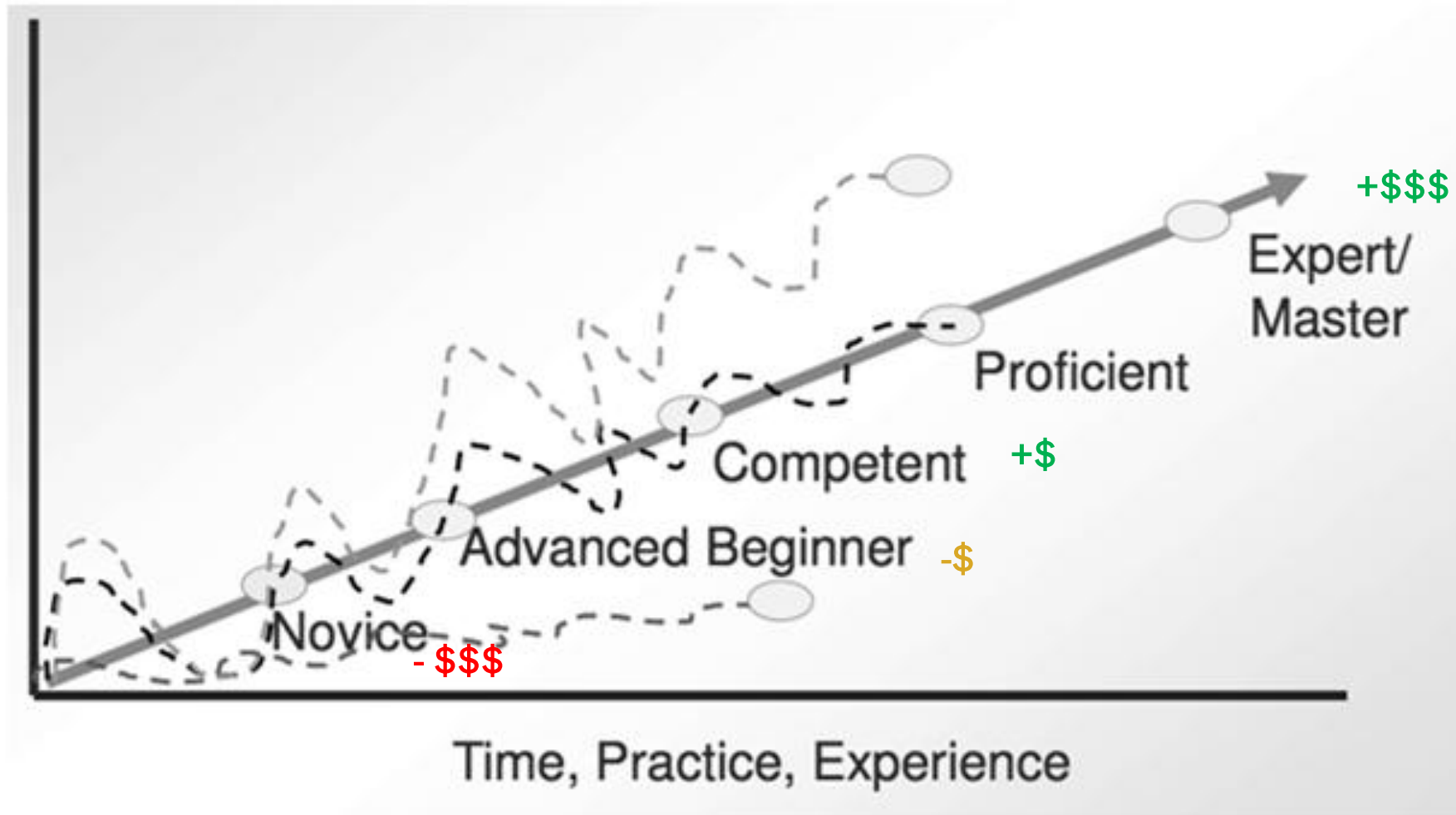
We have no conflicts to disclose



Objectives

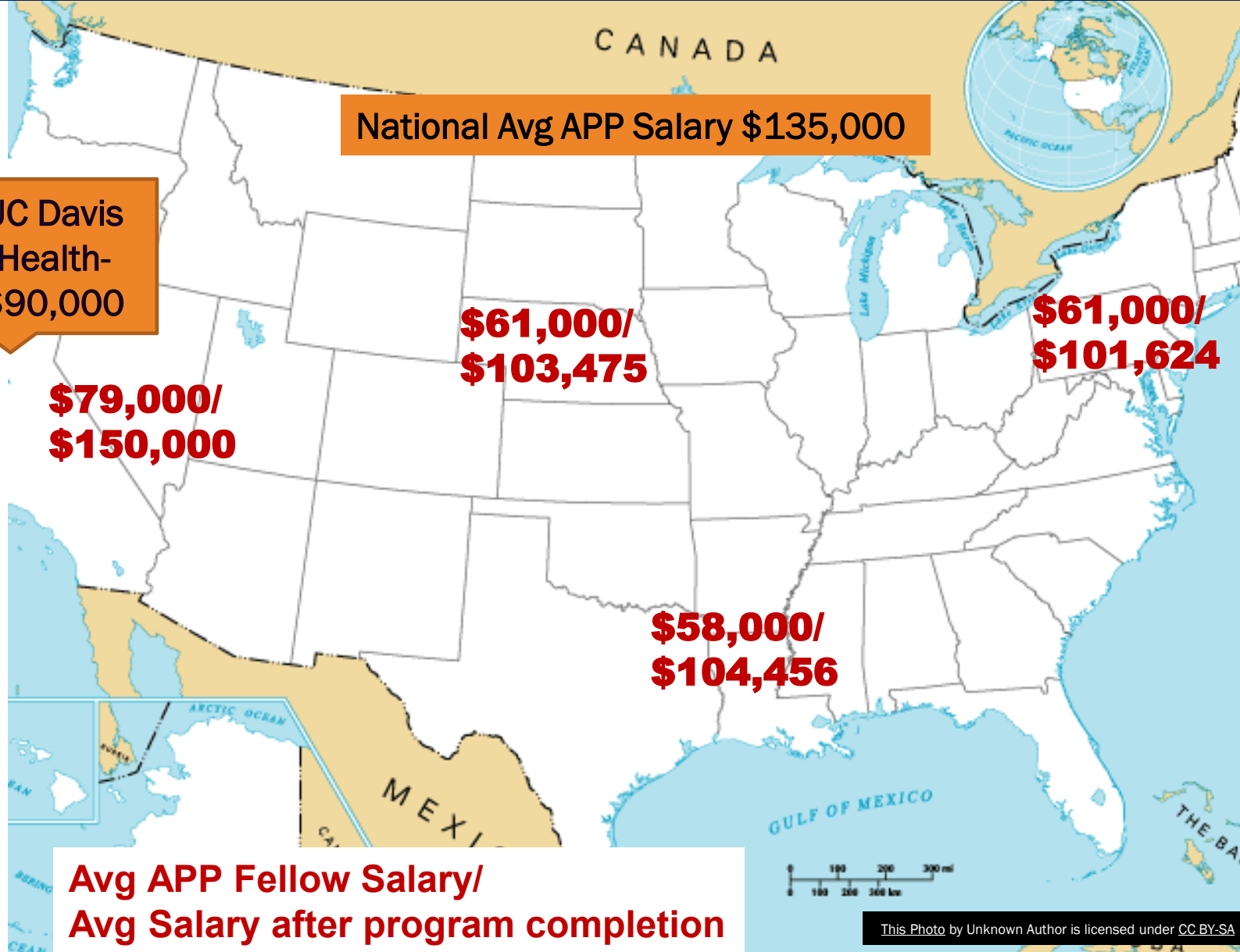
1. Understand the financial drivers of an APP Fellowship program
2. Compare and contrast strategic differences between primary and specialty care funding models
3. Identify and apply innovative funding models that will contribute to sustainability of an APP Fellowship or Residency

FELLOWSHIPS DEVELOP NEW APPS FROM NOVICE TO EXPERT



- There is no shortcut to experience
- Substantial financial investment in the first 1-2 years of employing an APP
- Fellowships creates a pipeline of qualified providers

SALARIES BIGGEST COST IN BUDGET



2025 NATIONAL SURVEY OF APP FELLOWSHIPS

MORE THAN 200 PROGRAMS
NORTHEAST \$61,000

SOUTH \$58,000

MIDWEST \$61,000

WEST \$79,000

Benefits: variable depending on site
*HRSA fellow salary cannot be greater than 70% of working NP salary

EXTERNAL DRIVERS

External drivers are shaped by national healthcare trends, regulatory bodies, and community health requirements.



WORKFORCE SHORTAGES:

ADDRESSING SEVERE PRIMARY CARE AND SPECIALTY PROVIDER DEFICITS, ESPECIALLY IN RURAL AND MEDICALLY UNDERSERVED AREAS.



CREDENTIALING STANDARDS:

ALIGNING WITH EVOLVING NATIONAL CERTIFICATION AND PROGRAMMATIC ACCREDITATION STANDARDS
(E.G., CONSORTIUM, ANCC, OR CCNE).



HEALTHCARE EQUITY:
MEETING FEDERAL AND STATE MANDATES TO EXPAND ACCESS TO HIGH-QUALITY CARE FOR VULNERABLE POPULATIONS.



GRANT FUNDING:
CAPITALIZING ON FEDERAL TRAINING GRANTS, SUCH AS HRSA ANE-NPRF FUNDING OPPORTUNITIES TO OFFSET PROGRAM COSTS.



COMMUNITY PARTNERSHIPS:
SUPPORTING FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs) THROUGH HUB-AND-SPOKE CLINICAL ROTATION MODELS.



COMPLEX PATIENT ACUITY:
RISING GENERAL POPULATION CHRONIC ILLNESS BURDENS REQUIRING ADVANCED CLINICAL DECISION-MAKING.

INTERNAL DRIVERS

Internal drivers stem from the immediate clinical, operational, and financial needs of the academic health system and schools.

Transition to Practice:

Bridging the clinical readiness gap for newly graduated NPs and PAs.

Provider Retention:

Reducing high first-year burnout and turnover rates through structured clinical and emotional support.

Operational Productivity:

Accelerating the timeline for new hires to achieve full, independent clinical billing productivity.

Patient Safety:

Lowering diagnostic and medication errors by mitigating early-career clinical competency gaps.

Care Standardization:

Embedding institution-specific evidence-based practices and clinical workflows early in a provider's tenure.

Recruitment Incentive:

Attracting top-tier graduates who actively seek structured postgraduate training opportunities.

PRIMARY CARE APP FELLOWSHIP



- Home in the Betty Irene Moore SON
- 20-25 Fellows Annually
- FNP, AGNP, PNP, WHNP, PMHNP
- Salary \$90,000 with full benefits

Primary Care Program Value Proposition for Academic Partners

APP Fellows EXPECTATIONS	COMMITMENT
Program duration	October 1 – September 30
Orientation & onboarding	2.5 weeks early October
Clinical practice	4-days: Mon, Tue, Th, Fri [Weds; dedicated education]
Education days	2 afternoons month synchronous 4-5 hrs Other Wednesdays – QI project, pre-learning materials, reflections
Program Oversight	Assigned Individual Mentors Clinical Faculty Liaisons • monthly check in • 3-4 site visits per year Preceptor training (getting revamped)
Quarterly skills	Jan, Apr, July, Sep in-person [Mon-Wed the last week of month]
Advanced primary care skills	Advanced skills ~150 hours Didactic education ~360 hours Women's health - LARCs, Nexplanon; IUDs- Liletta, Mirena, Paragard; medication abortions and first-trimester aspiration (surgical) abortions. Advanced suturing, punch biopsies, joint injections Wound care certification

In-Kind Support from SON & UCD Health for PC APP Fellowship



Personnel

HR and Academic Personnel for Admissions
Contracts Office
Administration
Payroll



Training Sites

Classroom
Simulation suites
Task room



Technology

Canvas. New Innovations
Zoom
UpToDate

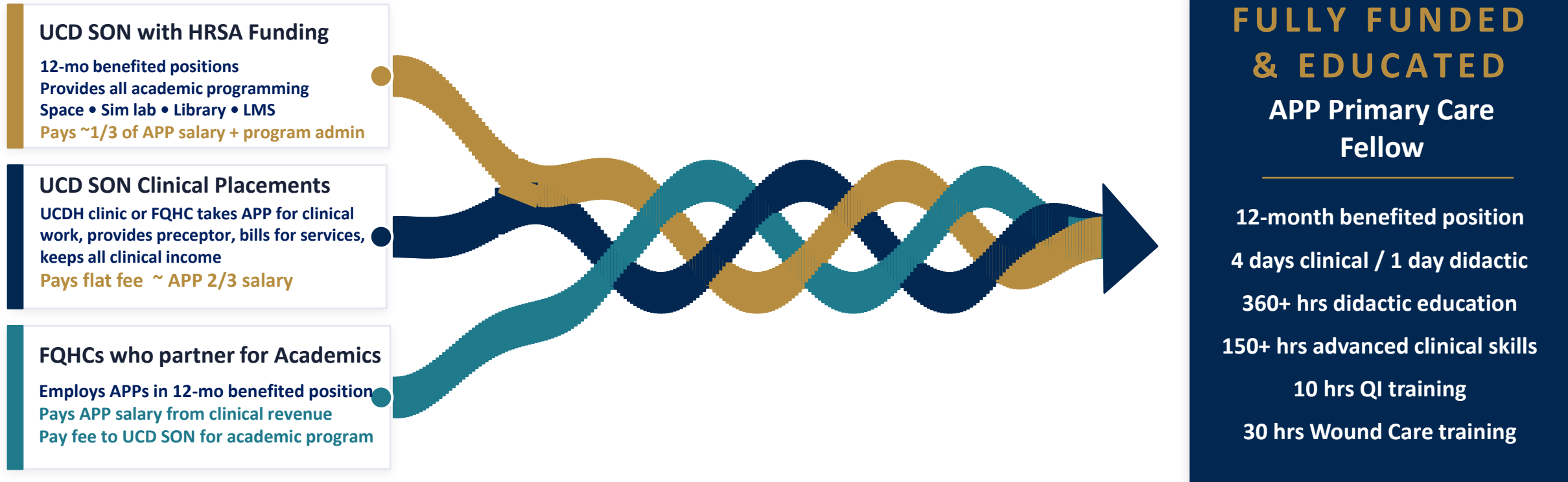


Organizational Support

Deans Suite/APP Leadership
Credentialing. Accreditation
Billing and Coding, Compliance

APP PC Fellowship Financial Model — Braided Funds

Three funding streams weave together to fully support each fellow



Funding Streams



APP Primary Care Fellow Productivity

Range of Visit, Patient Counts & Productivity

Resource Provider	Months in Fellowship	Total Patient Count	Total Visit Count	Telehealth Visit Count	Clinic Billed/Collected
FQHC NP 1 FNP w/ peds	8 month Grand Total	449	572	54	\$114,858
FQHC NP 2 FNP Adult	9 month Grand Total	992	1,046	62	\$305,788
FQHC NP 3 FNP Adult	9 month Grand Total	569	703	86	\$205,444
FQHC NP 4 FNP Adult	8 month Grand Total	502	504	13	\$96,881
FQHC NP 5 FNP Adult	8 month Grand Total	781	848	177	\$182,397



Advanced Practice Specialty Fellowships: Finance and ROI

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Danise Seaters, MSN, ACNP,
Director APP Specialty
Fellowship





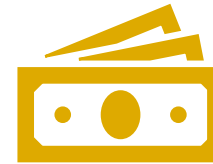
Physical space/locations

- Training sites
- Dedicated workspace
- Video conferencing



Human resources

- Recruit key program staff
- Identified preceptors
- Identified off service rotations
- Planned educational content



Financial support

- Develop a program budget
- Obtain approval
- Define salary/benefits



Organizational support

- C suite Leadership
- Operations
- Billing/coding
- IT
- Finance
- Department support

FINANCIAL SAVINGS

- LOW CLINICAL EFFICIENCY
FIRST YEAR OF PRACTICE
- FELLOW LABOR COSTS ARE
ABOUT HALF OF WHAT WE
WOULD PAY A HIGHLY
QUALIFIED NP
- SAVED RECRUITMENT COSTS
BY TARGETING “DIFFICULT TO
FILL POSITIONS”



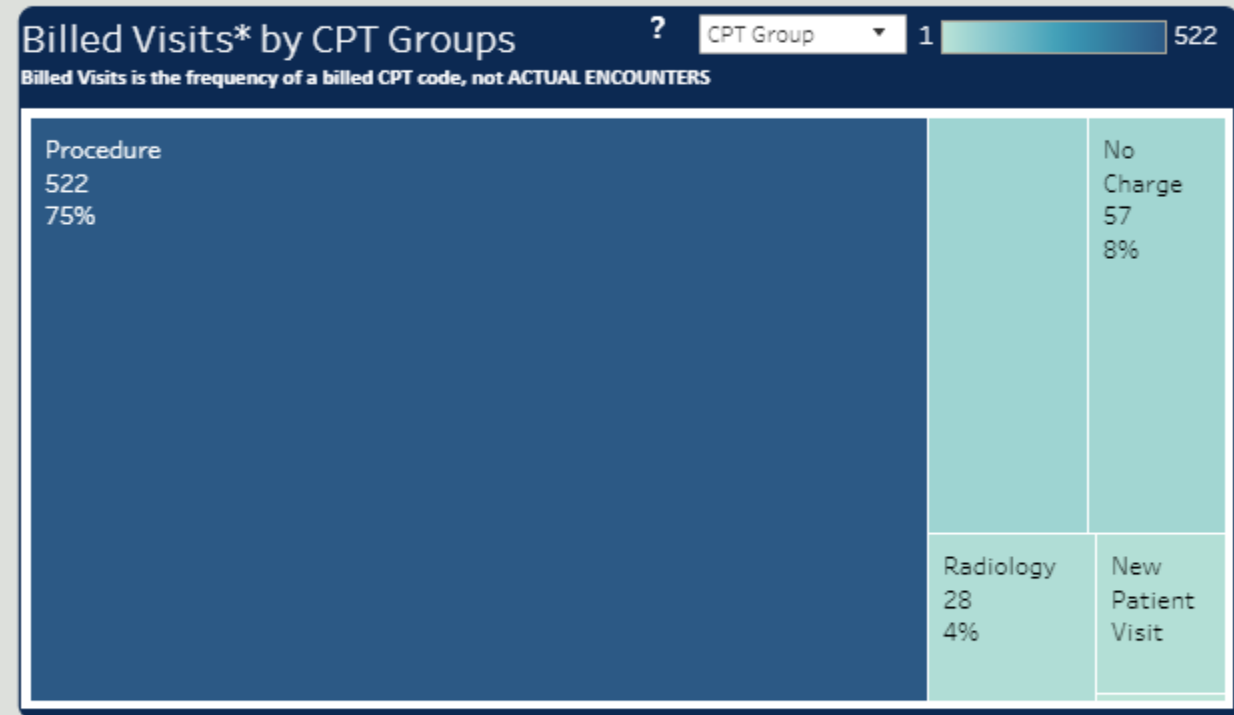
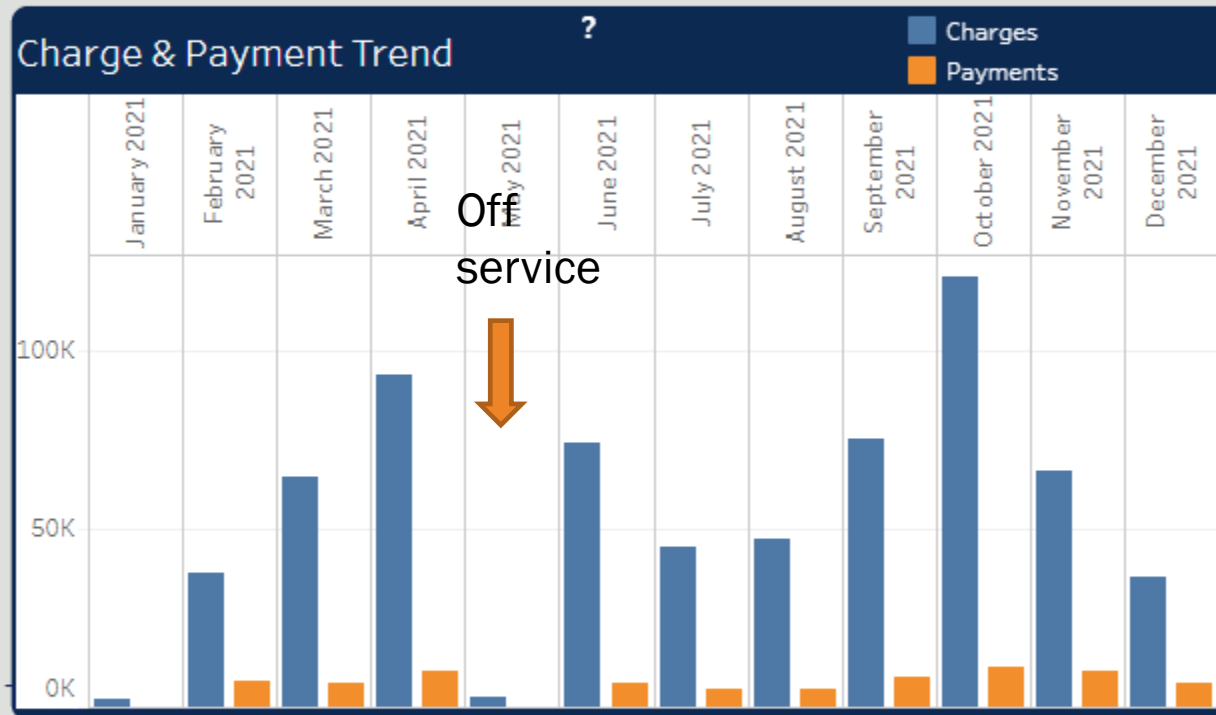
Skill progression



RADIOLOGY FELLOW

APP Productivity Dashboard

Please note the dashboard reflects billable encounters captured as either the service or billing provider. It does not reflect care that was performed but not billable. This includes bundled payments, care provided by another billing provider within the same 24 hour period or other restrictions.



Billed Visits, Charges, Payments and wRVUs*

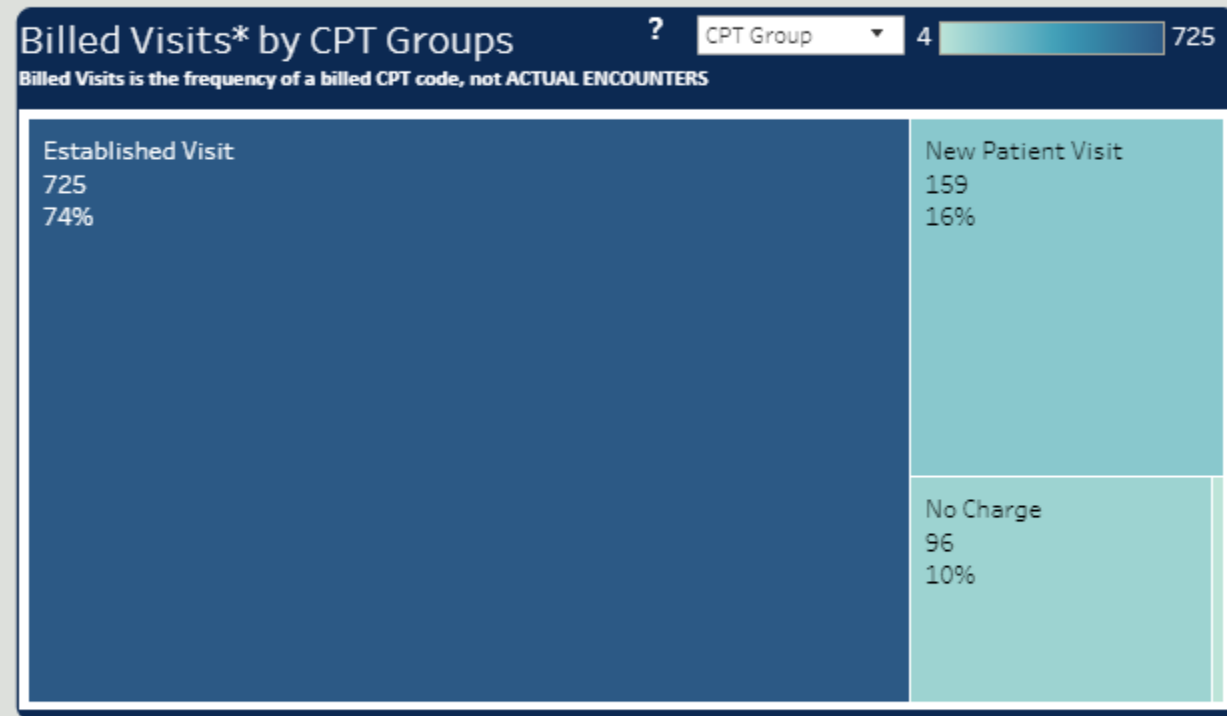
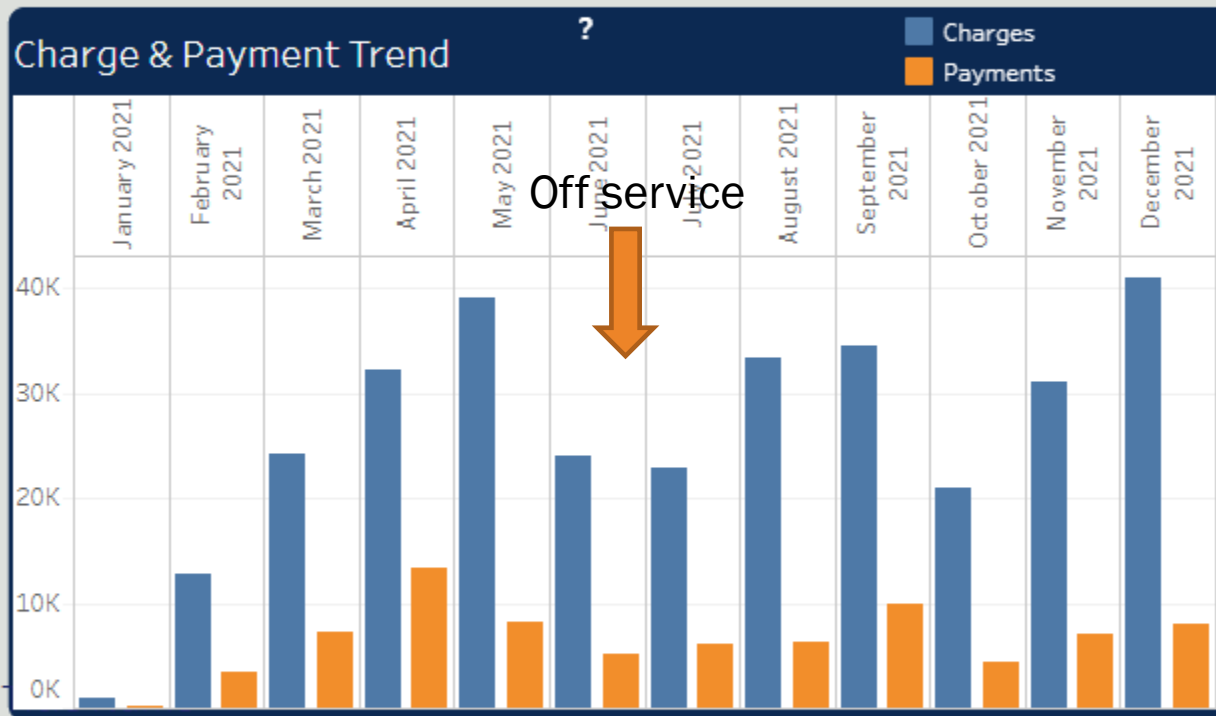
RVU's are estimated for Service Provider, and will not balance to other standard reports

Month of Post Date	CPT Group	Billed Visits	Charges	Payments	Work RVUs
Grand Total		695	\$665,868	\$77,948	1,161

ENDOCRINOLOGY FELLOW

APP Productivity Dashboard

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Billed Visits, Charges, Payments and wRVUs*

RVU's are estimated for Service Provider, and will not balance to other standard reports

Month of Post Date	CPT Group	Billed Visits	Charges	Payments	Work RVUs
Grand Total		984	\$317,317	\$79,224	1,885

APP LOSS

- Negatively impacts financial performance in the following ways:
 - Estimated costs of loss of a single APP is 1.3 x their annual salary - \$250,000 per provider
 - Increases staffing costs- time to interview, train, develop orientation plans, double staffing
 - Losses are linked to decreases in quality
 - Repeated loss of staff negatively impacts retention

FELLOWSHIP PROGRAM

Significantly reduces turnover and vacancy



Improves

Commitment to the organization	Team skills
Work satisfaction	Clinical leadership skills
Employee engagement	Critical thinking skills
Self-confidence	Absenteeism
Time management skills	Clinical competence

Questions for Discussion

Pat Dennehy & Mitch Erickson are our Table Facilitators

- 1. The value case (benefits).** What is the most compelling return-on-investment argument for your leadership — reduced turnover and locum/vacancy costs, faster time-to-full-productivity, expanded access for underserved panels — and do you have the data to prove it?
- 2. The funding cliff (risks).** How much of your program currently rests on time-limited money (HRSA grants, philanthropy, one-time state funds), and what is your bridge to recurring operational support when that funding ends?
- 3. Structural obstacles (barriers).** What is the single biggest structural barrier to sustainable financing in your setting — e.g., APPs' exclusion from Medicare GME, productivity/billing expectations during the training year, or getting practice partners to share the cost — and what would it take to move it?